



Fall 2010

Community Health Clinic Ole News

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Community Health Clinic Ole

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Community Health Clinic Ole is the medical and dental home for Napa County's underserved, providing high-quality, affordable, compassionate and culturally sensitive primary health care.

Obesity and Diabetes in Napa County

Recent news articles in the *San Francisco Chronicle* and the *Napa Valley Register* cited a study from the UCLA Center for Health Policy Research showing Napa County has the highest rates of obesity and diabetes in the Bay Area. It must be remembered, however, that in relation to other Bay Area counties, Napa is unique because we have a very small middle class and a large group of working poor. In fact, the UCLA data referenced in the articles shows other counties throughout California with similar demographics to Napa County had much higher obesity and diabetes rates than ours. The good news is that for the first time in over ten years, both Anglo and Latino children have stopped getting heavier, indicating that the public awareness campaigns, family education and increased Physical Education in our schools are making a difference. Treating obesity is very difficult; preventing it is much easier. We at Clinic Ole are committed to helping our patients find their way to good health.

Did you know that Clinic Ole offers free exercise/Zumba classes at various locations throughout Napa County? Check our website for the soon-to-be posted fall schedule or call Carmen Aguayo at 707-254-1774 ext. 294 for more information.



Carmen Aguayo, Clinic Ole Outreach Worker, leads exercise class at Fuller Park

The Search Is On...

As we reported last spring, longtime Executive Director **Beatrice Bostick** announced that she will retire in January 2011. A Transition Team, comprised of members of the Board of Directors, staff and community leaders, spent several weeks this summer determining what skills and experience the new Clinic leader will need to carry us into the future. The job announcement was released in late August with applications due early October. The Board expects to hire the new Executive Director in November allowing for plenty of time for a smooth transition before Beatrice's departure in January.

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The Advisory Council is composed of donors who regularly contribute \$10,000 and above to support Clinic Ole.

Clinic Ole Chili Ball 2010

Over 650 guests roamed the beautiful grounds of Charles Krug Winery in August in search of a favorite chili or two and some delicious tacos topped with spicy salsa, followed by ice cream, a cold beer or a sip of fine wine to cool the salsa burn, then danced the calories off to the music of The Fabulous Screwtops. Thanks to the generosity of the chefs, wine donors, sponsors and guests, we raised over \$36,000 to support affordable health care in Napa County. **For a complete list of all who made this event possible, please visit the News & Events page at www.clinicole.org.**



CLINIC OLE CHILI BALL

Health Care Reform: Opportunities and Challenges for Clinic Ole

As a Federally Qualified Health Center (FQHC), Clinic Ole will face many opportunities and challenges with the enactment of the Affordable Care Act (ACA.) As more Napa County residents gain health insurance coverage, we will need to be prepared to serve those patients. And while the overall number of **insured** patients we serve is expected to increase, we will remain the only source of affordable health care for the **uninsured**. In order to meet the demand for services, we need to retain and recruit qualified health professionals and we need to expand our facilities. Two years ago we received funds from the American Recovery and Reinvestment Act (ARRA) to hire an additional physician, and last year, we received another ARRA grant to support the addition of six new exam rooms at our Napa site. (This project

will be completed by spring 2011, and was also made possible with the support of **Warren and Barbara Winiarski**, and the **Gasser Foundation**.) The ACA includes \$11 billion for community clinic expansion, and Clinic Ole stands to receive some of those funds in the next five years.

Community clinics all over the country will play an important role in health care reform. Many of the individuals who will benefit from health care reform are those currently served by community clinics: the low-income, uninsured, and publicly insured. According to the Kaiser Commission on Medicaid and the Uninsured, community clinics already focus on public health and prevention and will "continue to strive to improve both the health of their patients and the health of their communities."

You can now donate to the Clinic Ole Foundation online. Just visit our website at www.clinicole.org/donate to donate using PayPal.

New Clinic Site Coming

At the invitation of Napa County Health and Human Services, Clinic Ole will open a new part-time clinic at their Elm Street campus in January 2011. As long-time partners with the County, we are excited about this opportunity to increase access to our services and we thank Health and Human Services for their continued support.

Sister Ann Dental Clinic Goes to Mexico

This past April, Dental Director Donald Dobbs and his wife, staff dentist Trauty Grau and two dental assistants, Estela Garcia and Elsa Perez volunteered their time to treat patients in Baja who normally have no access to dental care. Dr. Dobbs loaded up his truck with donated materials, portable dental equipment and instruments and headed south. After doing a thorough cleaning of three long-abandoned dental operatories housed in a local church, the dentists and staff began treating adults and children who were bussed in from their villages. In two 12-hour days, they treated 80 patients with cleanings, fillings and extractions. "We had a great time giving to those so much in need and being so appreciated," remarked Dr. Dobbs.



Sister Ann Dental Assistant, Estela Garcia, registering patients in Baja

Fast Facts about Community Clinics in the U.S.

(from the Kaiser Commission on Medicaid and Uninsured)

Patient Population	17.11 million
Community clinic grantees	1,080
Service sites	7,500
Total patient visits	66.9 million
Medical visits	49.9 million
Dental visits	7.3 million
Mental health/substance abuse visits	4.0 million
Enabling and other professional service visits	5.8 million

Project Homeless Connect

Clinic Ole medical staff and Sister Ann dental staff once again participated in this year's Project Homeless Connect on Wednesday, September 29 at the Napa County Fairgrounds. We collaborated with Kaiser Permanente, Planned Parenthood and Queen of the Valley Medical Center to provide medical visits; height/weight and body mass index screenings; dental screenings and acute dental procedures and Rapid HIV testing.

Same-Day Medical Appointments in Napa

It has been a year since Clinic Ole implemented an electronic health record system. This transition placed a significant strain on our providers and staff and impacted access to care due to the intensive training required to learn the system, as well as the need to transfer patients' paper records to the electronic system. The providers and support staff have worked diligently to optimize the use of the new electronic record and to improve operational efficiency. While we still have much to do, we recently increased our capacity for same day and/or same week appointments at our Napa site for current patients, who now no longer need to arrive early in the morning to secure a same-day appointment. These appointments are now available by calling the clinic's main phone number 254-1770. Patients who walk in without having called ahead will be worked into the schedule, but are likely to have longer waits.

New Medical Providers

We are pleased to welcome two new providers to the Clinic Ole family. **Dr. Michael Ward** is a graduate of the University of Iowa College of Medicine. He completed his residency training in General Psychiatry at the University of Virginia and is a Diplomate of the American Board of Psychiatry and Neurology.

Dr. Elizabeth Shaw received her B.S. in Biological Sciences from the University of California, Santa Barbara and is a graduate of the University of California, San Diego, School of Medicine. She completed her residency at the Ventura Family Medicine Residency Program. Dr. Shaw is a native of Napa Valley and is thrilled to be able to give back to the community where she was raised.



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Healthy Moms and Babies News

World Health Organization data shows that mothers and babies are healthiest when pregnancies are spaced at least 12 months apart, especially when complications occurred in the first pregnancy. Waiting at least a year helps the mother reduce potential complications in the next pregnancy such as high blood pressure, pre-eclampsia, gestational diabetes, anemia and depression. It also reduces potential health risks for the next baby such as premature delivery, being born too small and early infant death. Due to the high risk factors in many of the women seen at HMB, case managers have increased the amount of education for women and their partners regarding the need to care for themselves and their current baby by delaying subsequent pregnancies.

Farmworkers Appreciated World-Wide

Earlier this year, Don Weaver, Director of Harlan Estate, participated in a California Wine Festival event in Sweden. During his presentation, Don spoke about the invaluable contributions made by farmworkers in supporting the Napa Valley wine industry. Kurt Inge, the event sponsor, was so moved by Don's presentation that he held an 'on-the-spot' auction of photographs that had been commissioned for the Festival. Don suggested that the generous proceeds of the auction be given to Clinic Ole to support our outreach and services to the farmworker community. Thank you Kurt and Don!





Fact Sheet

Mission

Community Health Clinic Ole is the medical and dental home for Napa County's underserved, providing high-quality, affordable, compassionate and culturally sensitive primary health care.

Our History

Clinic Ole was founded in 1972 to provide low-cost health care to Napa County's Latino farmworkers. Our first clinic in Rutherford was open a few hours a week and was staffed with volunteer physicians. Today, we have over 150 employees, working at sites in Napa, St. Helena, Calistoga, Napa Valley College, and weekly clinics at two Napa homeless shelters. We provide primary and preventive medical and dental care and health education to the County's low-income, underserved residents, including the uninsured, and those enrolled in programs such as Medi-Cal. Clinic Ole is the only non-profit community health center in Napa, where there are no County provided primary health care services and no County hospital. We charge for services on a sliding fee scale linked to federal poverty guidelines. However, these fees do not come near to covering the true cost of providing services, so each year we must raise half of our operating budget through grants and contributions.

Clinic Ole continues to be recognized as one of the most innovative and forward-thinking community clinics in California, thanks to our dedicated health care providers, staff and Board of Directors, all of whom are committed to the good health and well-being of our patients.

Our Services

Clinic Ole offers comprehensive health care services including family medicine, pediatrics, women's health care, health and nutrition education, behavioral health services, case management services and dental care through Sister Ann Dental Clinic. Our Healthy Moms and Babies program provides health education and case management services to the County's low-income pregnant women. We also provide enrollment assistance for patients who may qualify for public insurance programs. Each year, we conduct health fairs at farmworker camps and vineyards where we offer health screenings and education.

Patient Profile

- 71% of our patients earn incomes below the 2010 federal poverty level, or less than \$22,050 for a family of four
- 72% are uninsured and 25% are enrolled in government health programs
- 70% are Latinos
- 50% are farmworkers or their family members
- Only 3% have private insurance



Report to the Community

July 1, 2009 - June 30, 2010

Community Health Clinic Ole continues to be the sole source of quality, affordable medical, dental and pre-natal services for Napa County's low-income, uninsured residents.

Some highlights of the past year:

- We completed the implementation of our electronic medical record system at all sites.
- We began construction of six additional exam rooms at our Napa site.
- We began work for the purchase and installation of a generator which will power the entire Napa health center in an emergency. Clinic Ole is a major partner in the Napa County Disaster Preparedness Plan. With the generator, we will be fully prepared for our role in disaster response.
- We have begun the process of opening a new clinic site on the campus of Napa County Health and Human Services, as well as an OB/GYN clinic near our Napa site.
- Sister Ann Dental Clinic provided more visits than ever, up 8% from the previous year.
- Despite the decrease in medical patient visits due to the implementation of our electronic medical record system, Clinic Ole saw more new patients than ever: nearly 3,000 first-time patients sought medical services this year.
- The economy continued to impact our patients: the percentage of patients who were uninsured this past year increased to 72% from the previous year's 55%, and the percentage of patients enrolled in government programs such as Medi-Cal dropped to 25% from the previous year's 40%.

Patient Visits

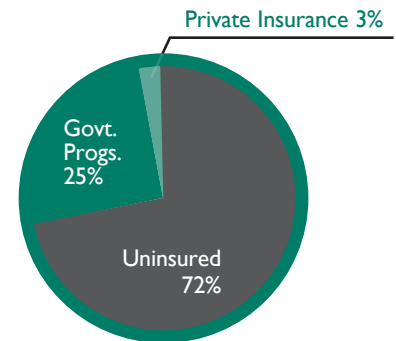
In Fiscal Year 2009-10, we provided 59,174 patient visits:

Medical	35,579
Dental (Sister Ann)	17,395
Behavioral Health	2,639
Pre-natal (Healthy Moms and Babies)	3,561

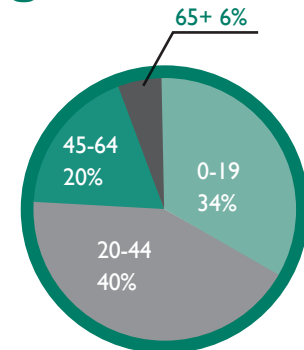
Patient Income Levels

Below poverty (less than \$22,050 for a family of 4)	71%
101-200% of poverty	19%
Above 201% of poverty	3%
Unknown	7%

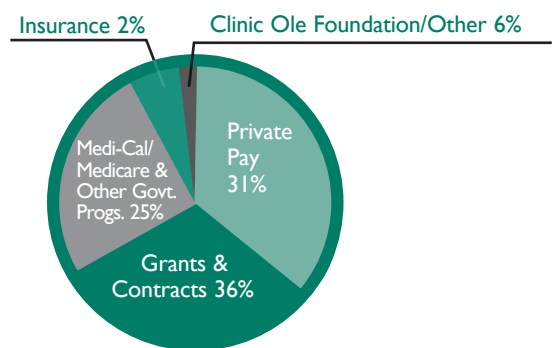
Insurance Status



Age



Revenues \$10.8 Million



Expenditures \$11.6M

Patient Care	\$9.3M (80%)
Administration	\$2.3M (20%)